

KAMMA

Introduction

Kamma

- Definition:
 - Wholesome or unwholesome action.
 - Cause and effect; action and reaction.
- Classification:
 - Dasa akusala kamma (10 evil actions); and
 - Dasa kusala kamma (abstinence from the 10 akusala kamma).
- Affects rebirth.

Dasa Akusala Kamma

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- The 10 demeritorious actions achieved through:
 - Bodily action:
 1. Killing (Panatipata);
 2. Stealing (Adinnadana); and
 3. Sexual misconduct (Kamesu miccha-cara).
 - Verbal speech:
 4. Lying (Musavada);
 5. Slandering (Pisunavaca);
 6. Harsh speech (Pharusavaca); and
 7. Frivolous talk (Samphappalapa).
 - Mind thought:
 8. Abhijjha (Covetousness); *Greed*
 9. Ill-will (Vyapada); and *Anger*
 10. Wrong view (Miccha-ditthi).

1. Killing

- Conditions:
 - A being;
 - Knowledge that it is a being;
 - Intention of killing;
 - Effort; and
 - Consequent death.
- Effects:
 - Short life;
 - Prone to disease;

- Constant grief caused by separation from loved ones; and
- Constant fear.

2. Stealing

- Conditions:
 - Property of others;
 - Knowledge that it belongs to others;
 - Intention of stealing;
 - Effort; and
 - Consequent removal.
- Effects:
 - Poverty;
 - Wretchedness;
 - Unfulfilled desires; and
 - Dependent livelihood.

3. Sexual misconduct

- Conditions:
 - Intention to experience the forbidden object;
 - Effort; and
 - Possession of the object.
- Effects:
 - Have many enemies;
 - Get an unsuitable marriage partner; and
 - Deformation of the sex organ.

4. Lying

- Conditions:
 - Untruth;
 - Intention to deceive;
 - Effort; and
 - Communication of the untruth to others.
- Effects:
 - Tormented by abusive speech;
 - Subject to vilification;
 - Distrust; and
 - Deformities of the mouth.

5. Slandering

- Conditions:
 - Dividing of persons;
 - Intention to separate them; and
 - Communication of the slander.

- Effects:
 - Dissolution of friendships without any sufficient cause.

6. Harsh speech

- Conditions:
 - Someone to be abused;
 - Angry thought; and
 - Use of abusive language.
- Effects:
 - Detested by others although blameless; and
 - Have a harsh voice.

7. Frivolous talk

- Conditions:
 - Inclination towards frivolous talk; and
 - Narration of that talk.
- Effects:
 - Unpleasant physical appearance; and
 - Unacceptable speech.

8. Covetousness

- Conditions:
 - Another's property; and
 - A strong desire for it, thinking "if this property be mine".
- Effects:
 - Non-fulfilment of one's wishes.

9. Ill-will

- Conditions:
 - Another being; and
 - Intention of doing harm.
- Effects:
 - Ugliness;
 - Various diseases; and
 - Detestable nature.

10. Wrong view

- Conditions:
 - Perverted manner in which an object is viewed; and
 - Misunderstanding of it according to that view.

- Effects:
 - Base attachment;
 - Lack of wisdom;
 - Dull wit;
 - Chronic diseases; and
 - Blameworthy ideas.

Dasa Kusala Kamma

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- Abstaining from the 10 akusala kamma.

Dasa Punyakriya

- The 10 meritorious actions:
 1. Generosity (Dana), which yields wealth.
 2. Morality (Sila), which gives birth in noble families and in states of happiness.
 3. Meditation (Bhavana), which gives birth in Realms of Form and Formless Realms, and which tends to gain Higher knowledge and Emancipation.
 4. Reverence (Apacayana), the cause of noble parentage.
 5. Service (Veyyavacca), which tends to produce a large retinue.
 6. Transference of merit (Patti), which serves as a cause to give in abundance in future births.
 7. Rejoicing in others' merit (Pattanumodana), which is productive of merit wherever one is born.
 8. Hearing the Doctrine (Dhammasavana), which promotes wisdom.
 9. Expounding the Doctrine (Dhammadesana), which promotes wisdom.
 10. Straightening of one's own views (Ditthijjukamma), which strengthens one's confidence.